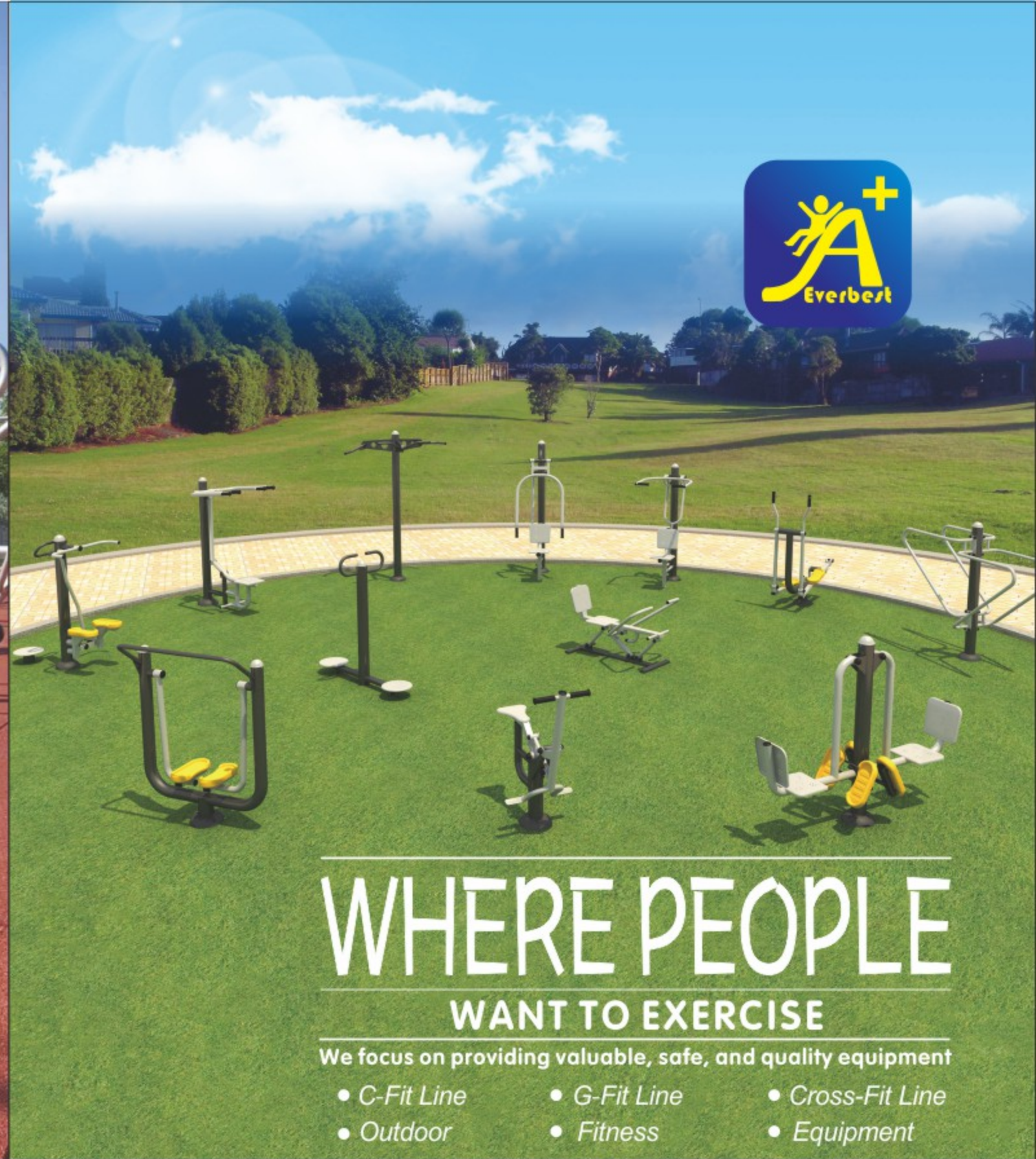




## Jiangsu Wingroc Play Co., Ltd.

Chenhua Road, Caodian Industrial Park, Baoying, Yangzhou, China  
info@everbestplay.com everbestplay@gmail.com  
Cell & what's app: +86 186 5230 9672  
[Http://www.wingroc.com](http://www.wingroc.com)



# WHERE PEOPLE WANT TO EXERCISE

We focus on providing valuable, safe, and quality equipment

- C-Fit Line
- G-Fit Line
- Cross-Fit Line
- Outdoor
- Fitness
- Equipment

[www.wingroc.com](http://www.wingroc.com)

TO BE THE REAL CREATOR OF OUTDOOR FITNESS EQUIPMENT  
PROMOTE A HEALTHIER, MORE ACTIVE LIFESTYLE FOR ALL AGES  
[Info@everbestplay.com](mailto:Info@everbestplay.com) [everbestplay@gmail.com](mailto:everbestplay@gmail.com)



## Why Choose Wingroc ?



Wingroc has been committed to producing eco-friendly playground & outdoor fitness equipment since its foundation. All of our products and finishes are made from non-toxic materials. Our factory and offices are operated and maintained in an environmentally responsible manner.

### 100% Quality Material Made

For over 25 years, Wingroc has been manufacturing fitness and playground equipment in China. During this time, we have retained our expert employees. In fact, our average employee tenure is over 10 years. This allows us to lead in service, quality, and product innovation. All to build you the best possible China made playground or outdoor exercise park for your school or community.

At Wingroc, all our playground systems, outdoor gym equipment, activities, site furnishings and amenities are constructed from the highest quality materials and are backed by the industry's best warranty and customer service. Together, we help parks, schools, early learning centers and other organizations enrich childhood through play.

Wingroc owns professional audit teams and all our products are made in China; in headquarter of Jiangsu manufacturing facility, from domestic and foreign content. Only a few parts are purchased from trusted suppliers. At Wingroc, our high quality cold-formed steel tubes provide high-shield, high-tensile strength and have an interior corrosion resistant coating.

All our tubes undergo hot-dipped zinc metal coating, chromate conversion coating, washed and sanitized before high temperature heating is applied before painting for a strong molecular adhesion to all of our tubing, components and posts.



### Super Durable Powder Painting

The application of super durable polyester power coating provides enhanced, light-stable pigments for superior UV stability and fades resistance. For each of Wingroc's steel parts, we will ensure high temperature heating/powder painting/high temperature solidification 3 steps to finish surface treatment.



Wingroc offers one of the largest and most innovative selections of custom hardware and backs up every last stainless-steel bolt with a lifetime warranty. Once you get any of Wingroc's playground or fitness equipment, you will have stainless steel hardware for installation, which will require only basic wrenches for assembly; all our hardware is anti-rust and anti-corrosion. In addition, you will get an anti-theft security together with Wingroc's equipment.

### Free Consultation, Design & Quotation

Wingroc is working to provide you free consultation to assist with your park planning & evaluation; also we will give you free outdoor gym design, including creative and thematic playground design. At Wingroc, you may also get in house CAD drawings or 3D renderings for free in case of any business agreement finish.



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## Outdoor Gym Equipment

### Fitness Installation Destination



COMMUNITY



SCHOOL



PARK

Visit [wingroc.com](http://wingroc.com) to learn more about our outdoor fitness

Building from 5" (φ114cm) or 5.5" (φ140cm) diameter post, the classic style outdoor fitness equipment can provide you full set of physical training courses. Hot-Dipped Zinc Steel Tubing material and finished by electro-static powder painting, which will significantly protect it from rust, the painting surface is smooth and plastic cover, handgrips prevent accident hurt.



### Build For Every Generation



Fitness solutions can  
benefit everyone in your community

### WINGROC & EVERBEST OUTDOOR FITNESS BY WINGROC

At Wingroc, we only apply with Hot Dip Zinc Steel Tubes for manufacturing of outdoor gym equipment. We will make galvanized painting on every pc of part to avoid rust, even a pc of connector, a pc of shaft (on bearing), or a cap.



### Welding Fixture

After over 15 years' manufacture, Wingroc already build complete range of welding fixtures for all the outdoor fitness equipment, which significantly improved production efficiency, and mean timely, provide one more point to the stability of our quality.



### Skillful Carbon-dioxide Arc Welding

At Wingroc, over 90% of our welders own more than 15 years' professional welding experience, which made them extremely skillful at work, and provide you good quality welding products.







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## Outdoor Gym Equipment

### Ready to Make Exercise Outdoor

Offering a complete outdoor fitness solution for all generations and fitness levels, Wingroc provides a high quality, head-to-toe work-out fitness equipment. Instructional signage ensures effective and safe usage.

### Spare Parts Solution

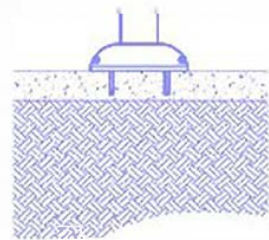
Improved ergonomic design of seats, backrest, hand grips, pedals and handles create a comfortable experience for all users. Made from LLDPE, and processed by rotational molding, it provides high-strength, high-tensile strength, anti-UV, anti-static, security, and it is indeed environmental.



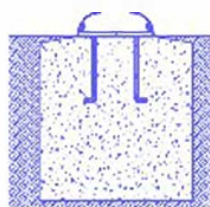
At Wingroc, the customized LOGO service for the plastic parts will be accepted for all key account customers, and this special service will be free of charge once the agreed business turnover is completely finished.

We are making galvanized painting on every part of the surface to avoid rust, even a pc of connector, a pc of shaft (on bearing), or a cap.

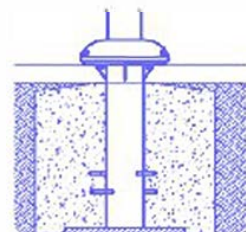
### Installation Options



Surface Mount



J-bolt Footing



Anchored Cast in Ground



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## C-Fit Outdoor Gym Equipment

### Triple Hip Twister



Exercise Muscles



#### Size:

L: 1400mm  
W: 1400mm  
H: 1350mm

Function: Improves flexibility and loosens muscle group on abdomens, lower back & hips.

#### Instructions:

1) Take hold of support bar with both hands; 2) Place both feet onto the rotation platform; 3) Rotate the feet using abdominals from side to side, flexing at the shoulders while keeping your body straight and upright; 4) DO NOT rotate violently; maintain a slow and controlled movement during the exercise; 5) Increase duration as fitness increases.



### Double Seated Leg Press Trainer



Exercise Muscles



#### Size:

L: 1900mm  
W: 450mm  
H: 1450mm

Function: Increases strength in the upper and lower legs, whilst toning abdominals.

#### Instructions:

1) Take hold of support bar with both hands; 2) Sit upright in the seat with back vertical; 3) Place both feet flat on the foot plates and put your hands on your thighs for extra stability; 4) Push with your legs but do not fully extend; 5) Retract slowly to original position; 6) Maintain a smooth, controlled movement and do not lock your knees.



### Double Surfboard



Exercise Muscles



#### Size:

L: 1050mm  
W: 800mm  
H: 1400mm

Function: Improves flexibility & strengthens the abdominals while improving mobility in the spine and strengthening of arms.

#### Instructions:

1) Take hold of the handles, supporting the body with the arms to keep upper body still; 2) Place both feet onto platform; 3) Gently swing the hips from side to side, keeping the upper body static at all times; 4) Swing to a comfortable & controlled position; 5) Increase duration as fitness improves.







### C-Fit Outdoor Gym Equipment

#### Horse Rider



Exercise Muscles



ACTIVE  
INACTIVE

**Size:**

L: 970mm  
W: 550mm  
H: 1200mm

Function: Improves co-ordination while strengthen the back, upper arms, lower arms and legs.



**Instructions:**

- 1) Sit on the unit with hands and feet firmly positioned on the appropriate handle/rest;
- 2) Pull with arms and push with legs simultaneously in a controlled manner;
- 3) Pull hand bar all the way to chest;
- 4) Inhale as you pull and push, exhale as you return to start position;
- 5) Increase repeats as your fitness improves.

#### Air Walker



Exercise Muscles



ACTIVE  
INACTIVE

**Size:**

L: 1100mm  
W: 460mm  
H: 1475mm

Function: Improve condition of heart & mobility and strength of hips & legs



**Instructions:**

- 1) Take firm hold of both hands on the support bar, step both feet onto the pedals;
- 2) Push legs back and forth alternatively to a comfortable distance;
- 3) Swing in a controlled manner;
- 4) Increase repeats as fitness improves;
- 5) Increase your pace and /or your stride length for more of a workout.

#### Elliptical Cross Trainer



Exercise Muscles



ACTIVE  
INACTIVE

**Size:**

L: 1100mm  
W: 550mm  
H: 1480mm

Function: Improves strength of hearts and lungs while helping to tone and increase mobility in the arms, legs and hips.



**Instructions:**

- 1) Take a firm hold of both hands on the bar grips, step both feet onto the pedals;
- 2) Push arms & legs in an opposite circular motion;
- 3) Change between forward and backwards motion to enhance workout;
- 4) Maintain a smooth, controlled movement during the exercise;
- 5) Increase duration as fitness improves.



### C-Fit Outdoor Gym Equipment



**Balance & Flexibility**

Mastering Balance and Flexibility is the first step to improving one's overall fitness and health, all this line equipment is designed to enhance your balance and flexibility.



**Standing Rotator**

# WR-18010 || 1250 x 1050 x 1500mm



**Air Skier Trainer**

# WR-18021 || 900 x 550 x 1480mm



**Taichi Standing Rotator**

# WR-18024 || 1300 x 1250 x 1530mm



**Waist & Back Massager**

# WR-18006 || 1050 x 850 x 1500mm



**Air Skier Trainer**

# WR-18018 || 1100 x 550 x 1510mm



**Waist and Back Stretch Trainer**

# WR-18027 || 870 x 600 x 1050mm



**Shoulder Standing Wheels**

# WR-18011 || 900 x 780 x 1840mm



**Seesaw**

# WR-18033 || 2100 x 350 x 1000mm



**Double Air Skier**

# WR-18055 || 1500 x 950 x 1450mm



**Balance Beam**

# WR-18057 || 3000 x 300 x 250mm





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### C-Fit Outdoor Gym Equipment



#### Muscle & Strength

The Muscle fitness product help uses build endurance and strength, but mean timely develop aerobic, balance and flexibility. They are the most popular products in the outdoor fitness park, esp. among adult and the aged. Our Outdoor Fitness Equipment is designed to work out many muscle groups simultaneously, but also encourage users of all experience levels. Choose from individual items with your specific muscle fitness goals, or build a complete fitness park with items in all workout types for a custom community space.



**Double Sit-up Trainer**  
#WR-18013 || 1420 x 1120 x 630mm



**Wall Bar**  
#WR-18036 || 1300 x 114 x 2300mm



**Abs & Lower Legs Trainer**  
#WR-18048 || 1300 x 800 x 550mm



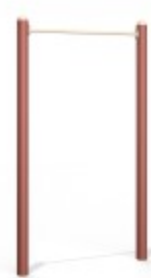
**Push Up & Dip Station**  
#WR-18007 || 1800 x 630 x 1600mm



**Arm Strength Trainer**  
#WR-18034 || 1100 x 420 x 1650mm



**Horse Rider**  
#WR-18009 || 970 x 550 x 1200mm



**Horizontal Bar**  
#WR-18038 || 1500 x 114 x 2600mm

### C-Fit Outdoor Gym Equipment



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**Overhead Ladder**  
#WR-18042 || 3000 x 914 x 2550mm



**Sit-up Trainer**  
#WR-18035 || 1700 x 850 x 950mm



**Triple Leg Press Station**  
#WR-18056 || φ2350 x 2450mm



**Double Horse Rider**  
#WR-18054 || 1550 x 1000 x 1160mm



**Kids Climbing Station**  
#WR-18049 || 3600 x 1200 x 1800mm



**Overhead Ladder**  
#WR-18043 || 3000 x 914 x 2550mm



**Single Seated Chest Press**  
#WR-18023 || 950 x 750 x 2100mm



**Seated Leg Press Trainer**  
#WR-18005 || 1900 x 450 x 1450mm



**Triple Chin up Trainer**  
#WR-18028 || 1500 x 1500 x 2300mm



**Seated Chest Press Trainer**  
#WR-18003 || 1730 x 750 x 2200mm



**Horse Rider**  
#WR-18019 || 1060 x 600 x 1160mm



**Lat Pull Down**  
#WR-18002 || 1930 x 750 x 1900mm

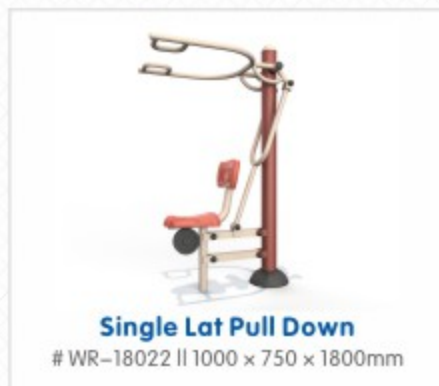
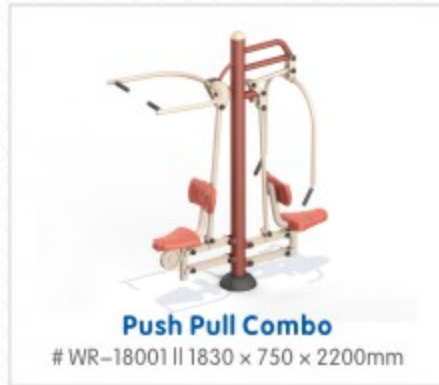




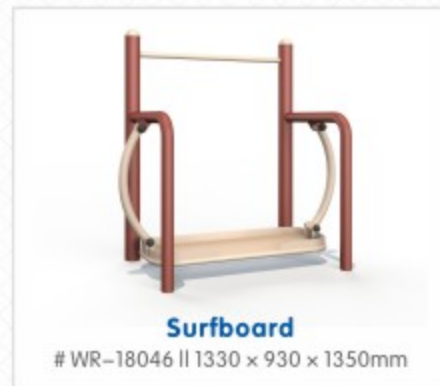
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### C-Fit Outdoor Gym Equipment



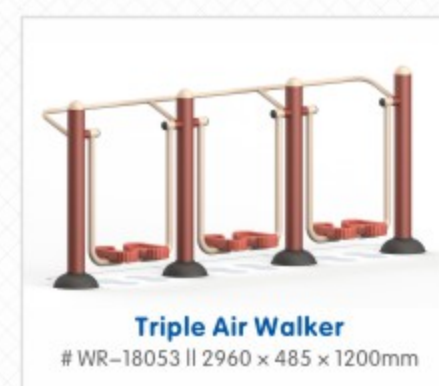
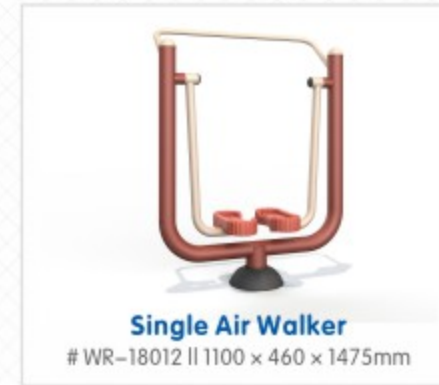
**Cardiovascular**  
Aerobic workouts keep heart and lungs functioning at optimum levels. This following outdoor exercise equipment is designed to give you a specific kind of workout with a focus on Aerobic Fitness. Cardio exercises like walking, running, stepping, oaring, jogging, and more can be achieved with these devices.



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### C-Fit Outdoor Gym Equipment



**Warm up**  
When you get out to do some outdoor sport, it is very necessary to make an outdoor exercise by walking, legs pressing, body rotation, bicycle training, stretching motion, or the best idea is to make it by outdoor gym equipment advance, these items are designed for these people, and also it is very good for the elder to make a normal warm up exercise on these machines after meals or during outdoor exercise. These are some items training for your reference.



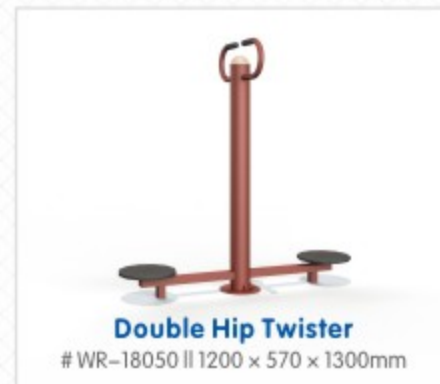
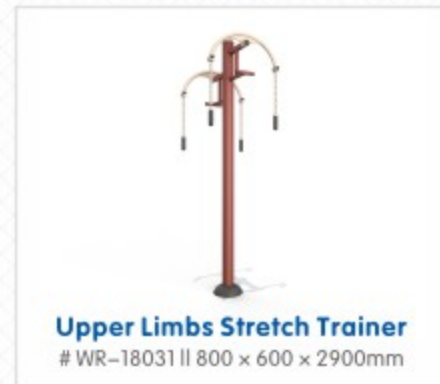
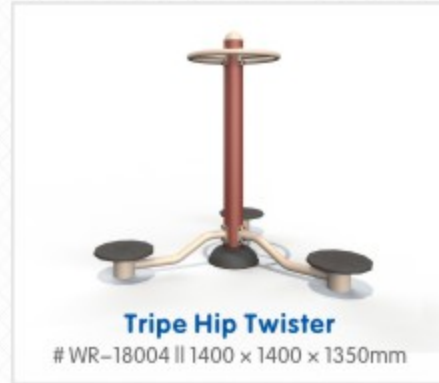




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### C-Fit Outdoor Gym Equipment



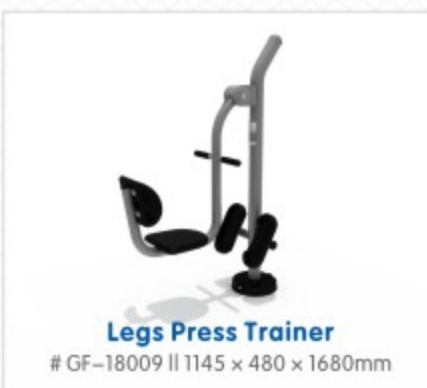
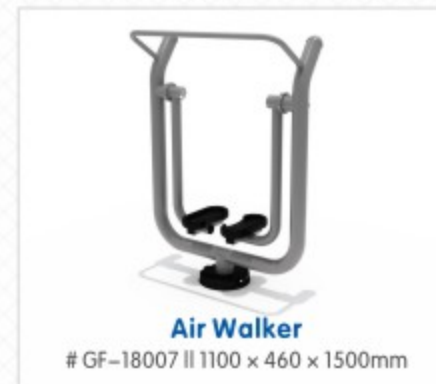
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### G-Fit Outdoor Gym Equipment

#### G-Fit Line Outdoor Fitness Equipment

The products of this new line outdoor gym equipment will promote you rigid exercise station that assist in abdominal, back, arms, hip, as well as the muscle group workouts of whole body. They are designed for outdoor gym use, helpful to users of all fitness levels, but durable. It is essential to enhancing your daily life, and these products will provide your community, or park with a long-lasting source of health and fitness.







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### G-Fit Outdoor Gym Equipment



**Push up & Dip Station**

# GF-18012 || 1105 x 565 x 1780mm



**Chin-up & Press-up Station**

# GF-18013 || 3090 x 1250 x 2345mm



**Vertical Bench**

# GF-18014 || 795 x 710 x 1960mm



**Sit-up & Back Extension**

# GF-18015 || 1350 x 1350 x 1010mm



**Legs Extension**

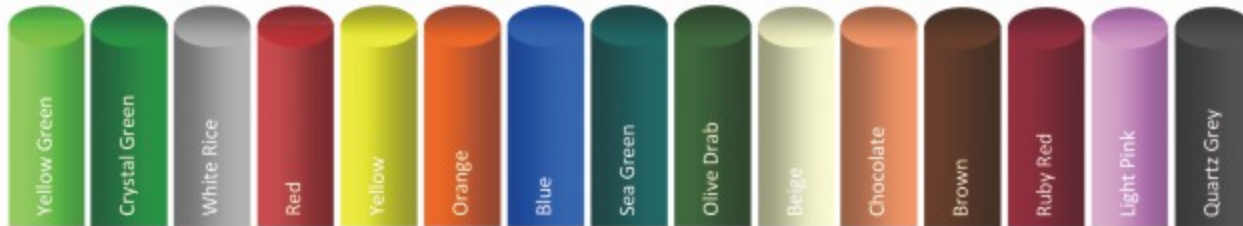
# GF-18016 || 850 x 660 x 1010mm



**Stretching Roller**

# GF-18017 || 930 x 740 x 1480mm

#### Polyethylene Color Options



#### Steel Powder Coating Color Options



### Cross-Fit Outdoor Gym Equipment



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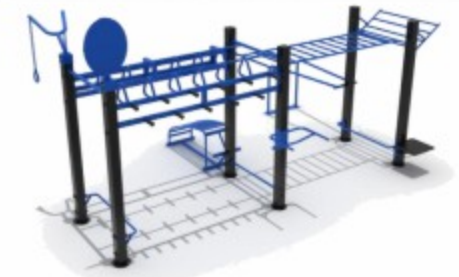
#### Cross-Fit Outdoor Fitness Equipment

Cross-fit is constantly varied functional movements performed at high intensity. All Cross-fit workouts are based on functional movements, and these movements reflect the best aspects of gymnastics, weightlifting, running, rowing and more. They move the largest loads the longest distances, so they are ideal for maximizing the amount of work done in the shortest time. The more work you do in less time, or the higher the power output, the more intense the effort.



**Multifunction Trainer**

# WCF-18001 || 650 x 370 x 285cm



**Multifunction Trainer**

# WCF-18002 || 590 x 365 x 310cm



**Multifunction Trainer**

# WCF-18003 || 730 x 450 x 325cm



**Multifunction Trainer**

# WCF-18004 || 394 x 236 x 229cm